

How do you contact your local IMB?

First speak to your personal officer about your problem before you ask to speak to us. They should be able to help you.

If you then need more help please fill in a General Application form to see the IMB.

If you have a very serious problem you can send a Private Application to the Chair of the IMB.

Local IMB Details :-



Q: Who here is independent?

A: The Independent Monitoring Board

Information For You

Monitoring fairness and respect for people in custody



Every Prison or Immigration Removal Centre has an Independent Monitoring Board.

Who are we?

We are local people from many different backgrounds. We are unpaid and not a part of the team that run the establishment. We are appointed by the Home Secretary – the person in charge of prisons/IRCs in England and Wales.

What can we do?

- Tell you who to contact
- Offer support and advice
- Help you with your problem
- Visit the centre at any time
- Go anywhere
- Talk to anybody
- Look at papers (except medical records)

What happens when you see someone from the IMB?

- We will speak to you in private
- Listen to your problem and ask some questions
- We may have to make further enquiries
- We make notes to record the meeting and the outcome
- We will write to you or speak to you in person about the outcome
- We will do our best to help but if you are still not happy with a result we can talk to you about how you may take things further

